

2011 Sharks Board Members

President- Michael McLeod
Vice President- Edna Asare
Treasurer- Beckey Billings
Team Rep- Deb Stuart
Secretary- Tricia Heinzler
Web Master- Jason Camara

We have a staff of friendly, recognizable faces. All of them have extensive swimming experience and are highly motivated to help our swimmers achieve both individual and team success!

This year we are an NWAL Division 2 team and we're looking forward to an exciting and challenging season. We are swimming against a few teams we know well and being introduced to some new ones.

We need ALL parents to get involved to ensure a successful season. The board alone cannot do it – it takes involvement from everyone. With all of your help, we can make the 2011 season full of excitement, enjoyment and memories for the whole family.

I look forward to meeting all of you as the season begins. Join me in making the 2011 season the best yet!!

Fee Schedule for The 2011 Sharks

Swim Team Registration:

1st Swimmer \$100
2nd Swimmer \$90
3rd Swimmer \$85
4th Swimmer Free!!

Swimmers 15 & Over Free!!

Please note that there is a minimum swim standard of one length unassisted for competition membership. We offer a shark School through the end of May for all other swimmers to help them attain this standard.

All new swimmers are asked to attend one night during our Assessment Week – to determine their skill level for the best practice placement.

*Parents, please remember to fill out the **VOLUNTEER FORM** at registration.*

No swimmer will be considered registered without a volunteer commitment from their family!

Shenandoah Pool

Yearly Family Memberships:

*All families who join the swim team **MUST** be members of the pool.*

City resident family fee \$50.00
Out of city family fee \$75.00

Please bring two checks as pool fees are paid separately from team fees!

IMPORTANT SHARKS SWIM DATES*

Dates and times may be subject to change

March 5th Registration at Pool Noon-3PM

April 21nd & 22rd Assessments for new swimmers

April 25st Team Practice Begins All M-F
5:00PM -5:30PM Shark School
5:30PM-6:15PM 8 & Under
6:15PM-7:00PM 9-10
7:00PM-7:45PM 11-12
7:45PM-8:30 13 & Over

June 3rd Summer Practice Schedule Begins
Mornings 7:30-8:15 AM Shark School T/W/TH*
8:00-9:00AM 8 & Under
8:45-10:00AM 9-10
9:45-11:00 AM 11 & Over
Evenings Mondays: 5:30-6:00 Shark School*
6:00-7:00 PM 10 & Under
7:00-8:00 PM 11 & Up
Wednesdays: 8:00-9:00 PM All Ages

May 14th Practice Meet @ Shenandoah
Warm-ups begin @ 7AM
May 21th Away Meet vs. Forest Oaks
May 28th Home Meet vs. Londonderry
June 4th Away Meet vs. Woodland Waves
June 11th Away Meet vs. Cypresswood

Red Cross Swim along to be Announced

June 19th Home Meet vs. Oak Ridge
June 25th DIVISIONALS-more info TBA (ALL swimmers are expected to attend)

June 27th – July 1 Swim Practice for Invitationals
qualifiers only Times TBA

July 2-3 –Invitational Meets++qualifying times needed

Team Awards Banquet date to be Announced

There will also be two mid-season invitational meets offered-dates for both still pending

Team Membership

The Shenandoah Sharks are a summer league swim team affiliated with the Northwest Aquatic League (NWAL). We are not a “learn to swim” organization. To be a team member on the Sharks, each swimmer must demonstrate the basic skills necessary for competitive swimming. This is done for new members on the scheduled swim assessment dates prior to the start of organized practices. Final determination of team membership is based on performance at new swimmer assessment and at the discretion of the coaches.

Competition

Participation in swim meets is expected and highly encouraged but not required to be a member of the team. To participate in a meet a swimmer should demonstrate the ability to complete one length of the pool (~25 yards) unassisted in the selected stroke. To participate in the divisional swim meet each swimmer must complete in 2 regular season dual meets. Participation in invitational swim meets is based on time standards achieved.

Shark School

“Shark School” is NOT swimming lessons; it is for team members who are not quite up to practicing with their age group (e.g. 8 and under). The purpose of Shark School is to get the swimmer up to speed and moving them into their regular practices as soon as possible. Shark School is about refining basic techniques to prepare the swimmer for competition. These skills include side breathing with face in the water, continuous forward motion on top of the water, floating on back, etc. Shark School ends when morning practices start. Determination of placement in shark school is based on the discretion of the coaches.

Swim Lessons

The City of Shenandoah offers learn-to-swim classes during the summer months at the Shenandoah pool. Classes begin the first full week school is out. All classes have a 4:1 swimmer to instructor ratio and the instructor is in the water at all times. For more information or to schedule swim lessons at the Shenandoah pool, call Mary Pat Case at 832.256.4499. Additionally, a number of local groups such as the Montgomery County YMCA and The Woodlands Swim Team offer swimming lessons year-round.

Private Lessons for Shark Swimmers

Before the City of Shenandoah pool opens for the summer, some Shark coaches are available to schedule private swim lessons with team members. If a swimmer is interested, it is up to them and their parent to contact a coach directly. These transactions are handled directly with the coach and remain separate and apart from team billing. Shenandoah Sharks Swim Team has no legal or financial interest and are not responsible in any way for these transactions.

Where the best begin
their summer...



**Registration for the
2011 season
at the
Shenandoah Pool
March 5th from
Noon – 3 PM**

**For More Information
Email**

mmcleod@whatibelieve.org